

## **THRIVE!'s Growing Nutrition Program**

For the third year in a row, THRIVE! Southern Lorain County has funded elevated garden boxes for seniors or those who face physical challenges managing garden beds on ground level. The program is the cornerstone of THRIVE!'s Growing Nutrition program to help local residents improve their health with fresh produce.

THRIVE! received a Lorain County Farm Bureau Ag Awareness Non-Classroom Grant in the amount of \$240 to purchase soil for the program. THRIVE! will also provide seedlings and starter plants, which will be grown by Wellington High School's Future Farmers of America students. Bob Kreider is designing and helping build this year's garden boxes, which will be 4 feet long by 2 feet wide by 32" high.

Boy Scout Troop 414 will distribute the boxes, soil and seedlings to 10 recipients by the end of April.

As the growing season takes shape, we will hopefully be able to share with you photos and comments by THRIVE!'s lucky garden box recipients!