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United Way of
Greater Lorain County



THRIVE! continues to promote the Memory Cafés of LIFE: A Dementia Friendly Foundation in its social media and website. With four-hour programming, the Cafés serve those with memory loss and their caregivers.

The lively Cafés in Lorain and Wayne counties provide plenty of stimulation with art, music and pet therapies, companionship, laughter, games and a delicious free lunch. The Cafés also set aside a time for caregivers to share their tips and advice with each other, as well as learn from experts in the field from organizations like the Alzheimer's Association.

In 2023 THRIVE! awarded LIFE an \$800 grant to purchase an iPod and projector to bring exercise and music programs to participants. The Wellington Café has mushroomed from a handful of participants to 18!

For more information about LIFE and the Memory Cafés, go to our page on "Social/Emotional Support," or <https://www.thriveslc.org/dementia.html>.