

**Metabolic Syndrome Talks Suspended due to the coronavirus.** LCCC-Wellington Center and THRIVE! staged highly successful lectures on Metabolic Syndrome, which refers to a cluster of conditions that include high blood pressure, high blood sugar, excess body fat around the waist and abnormal cholesterol levels. These conditions can increase a person's risk for heart attack and stroke. The lecture series started on January 30 through February 27, 2020, with LCCC's Dr. Lisa Augustine and THRIVE! Partners Deb Lansman and dietitian Libby Showalter until the alert went out on COVID-19. Stay tuned for further videos or information on these subjects.