

<http://www.loraincounty.com/nonprofit/feature.shtml?f=38917>

"Run for Your Life" 5K/10K Race and 1-Mile Walk

Margaret Swendseid
THRIVE! Southern Lorain County



September 30, 2016 -- You might see a few odd things in downtown Wellington on Saturday, October 8, starting at 9 a.m. In a salute to Halloween, costumed runners/walkers will wind their way through Wellington in hopes of winning a trophy, medal, or prize. Last year, residents and visitors alike saw Beauty and the Beast, Minions, Butterflies, Beetlejuice, and a group of "Where's Waldo," to name a few.

What is this, you ask. It is "Run for Your Life," an annual 5K/10K race for novice or serious runners (and walkers) alike that started in 2013. It has become an exciting opportunity for the whole family to get involved in a fun, healthy activity.

THRIVE! Southern Lorain County, a new collaborative of area non-profit organizations and businesses, is the main sponsor of this year's "Run for Your Life" race. Its mission is to provide affordable opportunities to live healthier through improved nutrition, increased physical activity and informed behavioral health -- all to reduce obesity and the risk of heart disease and diabetes.

Supported by a grant from the [United Way of Greater Lorain County\(Website | Profile\)](#), THRIVE! chose to support "Run for Your Life" because the race encourages healthy activity for people of all ages.

Participants who pre-register for the race by October 6 will enjoy a \$5 discount at \$20 per person. You may pre-register by going to www.wellingtonroadraces.org and click on the registration link. On-site registration begins at 8:15 a.m. on October 8 and costs \$25 per person. Walkers who pre-register pay \$18 if they want a t-shirt, or \$5 without a t-shirt. The Walker Race begins at 9:15 a.m. and the Runner Race at 9:30 a.m. Costumes are not required and costumes are discouraged that might impair the vision or mobility of participants. Many of our costume contest prizes have been donated by [Brasee's Corn Maze and Pumpkin Patch\(Website | Profile\)](#)!

"Run For Your Life" is the third race, along with "The King Realty Spirit of 76' Memorial Day Race" and The Gary Jordan Cheese Festival Race, which is coordinated by Wellington Road Races. Proceeds from "Run for Your Life" will be split between the Duke's Running Club, a nonprofit 501(c)(3) organization that helps support Wellington Schools cross country and track programs; and Main Street Wellington, a 501(c)(3) nonprofit organization founded in 1998 and has a mission to "strengthen the spirit of Wellington by engaging community events, supporting business development, and preserving our rich history."

THRIVE! Southern Lorain County serves the areas of Brighton Township, Camden Township, Huntington Township, Kipton Village, Pittsfield Township, Rochester Township, Rochester Village, Wellington Township and Wellington Village.

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