



THRIVE! Southern Lorain County held its first annual “THRIVE! Turkey 5K” on Thanksgiving morning, November 23, 2023.

One-hundred-seventeen (117) runners and walkers braved the cold and took off for the charming streets of Wellington on a fast, flat 3.1 mile course. The event was in keeping with the THRIVE! mission to promote Healthy Eating, Active Living and Social/Emotional Support for residents of southern Lorain County.

All those who registered received a bright green beanie, with top prizes including a handsome, etched-glass mug and Yeti mugs. For photos and information about winners and results, go to our page on this website under Get Active, or <https://www.thriveslc.org/run-walk.html>.